



Acu4us

Balancing Energy Naturally

Acupuncture Menu

Stress Free

Acupuncture effectively targets the nervous system, helping to transition your body from a state of “fight or flight” to one of relaxation in just 30 minutes.

Sweet Dreams

Calming your body & mind to change from sleepless night to restful sleep.

Hot Flash

Acupuncture can help alleviate the uncomfortable symptoms associated with menopause.

Digestion

GI issues such as Acid reflux, IBS, and constipations are common issues acupuncture can help with.

Neck & Shoulder Pain

Stiff neck, neck & shoulder tensions from stress or computer use? Acupuncture can relax the muscles, increase the blood flow and calm the body.

Low Back Pain

Acupuncture can provide instant and natural relief of pain from sciatica, spinal stenosis, disk herniation or just muscle tightness or spasm!

Joint Pain

Achy joints from arthritis, tendonitis or systemic inflammation. Acupuncture stimulates the blood flow to the joints and decreases inflammation.

Headache

Headache can be debilitating. Acupuncture uses channels and points to stimulate the nervous system to decrease the pain intensity.

Immunity Boost

Acupuncture stimulates the body to increase white blood cell counts and boost the immune system to fight off any illnesses.

Detox

Sometimes we indulge a little too much, but acupuncture can support your body's detox process and help you feel your best again!

Energy Boost

Acupuncture treatment can boost your energy levels, enhance your mental focus, and help you stay present in the moment!

Acupuncture Face Lift

Acupuncture stimulates specific points on the face, enhancing blood circulation and promoting collagen production.

Allergy

Feeling troubled by pollen allergies? Our treatment tackles allergies with localized facial needling alleviates sinus congestion and inflammation, while targeting points on your body help soothe an overactive immune response.

Customize It

Do you have a specific goal in mind that isn't listed on our menu? We would be glad to develop a custom treatment to meet your needs.

LOCATION

1371 Laurel St
San Carlos, CA

HOURS

Fridays
9am - 3pm



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VISIT US

Appointments
Only

INFO

www.acu4us.com
(510) 761-9330